







# CVESD Parent Guide for Summer Independent Learning






## *Optional Resources for Summer 2020*

Here are **four** ways to keep your child engaged and learning this summer:

1. Access the [Summer Independent Learning Packets](#) and print for your child to work on.
2. Visit the **Content Area Resources** on the My Child's Learning section of the Parents page of the CVESD website.
3. **Keep talking!** Here's a few topics to engage your child around the breakfast/dinner table:
  - a. What did you read today? What would you like to read today?
  - b. How did/can you help someone today?
  - c. On a scale of 1-5, how are you feeling today?
  - d. What are you excited/happy/sad/fearful about?
4. Select some **fun ideas** from the areas below!

### Summer Learning Ideas

<b>Games</b> 	<ul style="list-style-type: none"> <li>• Find a game that your child enjoys playing. Ask them how they can change it to incorporate a new challenge or make it their own.</li> <li>• Ask your child what they enjoy about the game. What do they need to be good at this type of game?</li> <li>• Encourage your child to create a brand new game of their own.</li> </ul>
<b>Health/Physical Education</b> 	<ul style="list-style-type: none"> <li>• Engage in physical activity for 60 minutes per day.</li> <li>• Workout or learn a new sports skill with some of our CVESD PE teachers on the CVESD PE YouTube Channel.</li> <li>• Go on a family walk scavenger hunt. Create a list of 10-20 items to see or hear (ex: bird in a tree, American flag, black pickup truck, rock bigger than your foot, dog barking, flowering tree, birds flying together, etc.)</li> <li>• Keep a journal each day of how you are feeling.</li> </ul>
<b>Reading</b> 	<ul style="list-style-type: none"> <li>• Read for at least 15-20 minutes per day.</li> <li>• Keep a journal each day of what you are reading. What do you think about what you read?</li> <li>• Check out the ELA resources on the "My Child's Learning" page of the Parent section of the CVESD website.</li> </ul>
<b>Language Development</b> 	<ul style="list-style-type: none"> <li>• Set aside time for talking and listening to each other.</li> <li>• After reading a story together, have your child retell story events in order. Make it a game.</li> <li>• Give your child two options and have them support their opinion. What would you like for dinner tomorrow, spaghetti or tacos? Why do did you choose _____?</li> <li>• Find more Language Development resources on the "My Child's Learning" page of the Parent section of the CVESD website</li> </ul>

<p><b>Media &amp; Mobile</b></p>	<p>Common Sense Media is a wonderful resource for parents who want to know more about the movies and games that their child is engaged in. With over 1000 titles, this is a site that's worth checking out and bookmarking.</p> <p><b>Healthy Mobile Usage</b></p> <ul style="list-style-type: none"> <li>• Want more information about how to support your kids in the use of mobile devices? Are you concerned about their safety? Check out this informative video that provides healthy mobile tips and strategies for parents and kids. (<a href="https://youtu.be/RAFSrGX0mxk">https://youtu.be/RAFSrGX0mxk</a>)</li> </ul>
<p><b>VAPA</b></p> 	<p><b>Arts at Home</b></p> <ul style="list-style-type: none"> <li>• Our VAPA Teachers have created an amazing website with resources and more for your students to create at home: <a href="https://www.vapacvesd.com/">https://www.vapacvesd.com/</a></li> <li>• Check out our VAPA CVESD YouTube Channel for fun interactive arts activities for student of all ages! Make sure to subscribe to the channel so you can stay updated on new content released weekly. Also, look out for our virtual arts summer camp with a week-long video series for all students. Found here: <a href="https://www.youtube.com/vapacvesd">https://www.youtube.com/vapacvesd</a></li> <li>• Check out the VAPA resources on the “My Child’s Learning” page of the Parent section of the CVESD website for more printable activities.</li> </ul>
<p><b>Math</b></p> 	<ul style="list-style-type: none"> <li>• Play math games: <a href="https://www.youtube.com/watch?v=6RPgw-Vv4BU">https://www.youtube.com/watch?v=6RPgw-Vv4BU</a></li> <li>• Cook together, measure ingredients, discuss which measurements are the same (how many ¼ cups equal ½ cup or 1 whole cup?)</li> <li>• Check out the Math resources on the “My Child’s Learning” page of the Parent section of the CVESD website</li> </ul>
<p><b>Science</b></p> 	<ul style="list-style-type: none"> <li>• Do some science experiments together: <a href="https://www.youtube.com/watch?v=4MHn9Q5NtdY">https://www.youtube.com/watch?v=4MHn9Q5NtdY</a> or <a href="https://www.weareteachers.com/easy-science-experiments/">https://www.weareteachers.com/easy-science-experiments/</a></li> <li>• Take nature walks, record observations and wonderings in a journal. Observe an insect, bug, animal for 5 minutes or over the course of several days, record observations and wonderings.</li> <li>• Check out the Science resources on the “My Child’s Learning” page of the Parent section of the CVESD website</li> </ul>
<p><b>Innovate</b></p> 	<ul style="list-style-type: none"> <li>• Is there a device or tool around the house that you wish could do one more thing? Have your child design a prototype of how they would modify it!</li> <li>• Is there something that your child is passionate about, such as engineering, music, technology, etc.? Go online with them and help them to learn about possible careers where they would get to do those things every day.</li> <li>• Check out the Innovation resources on the “My Child’s Learning” page of the Parent section of the CVESD website.</li> </ul>
<p><b>Practice</b></p> 	<ul style="list-style-type: none"> <li>• Practice the skills that you have (music, drawing, sports, etc.)</li> <li>• What new skills would you like to learn?</li> <li>• Keep a journal of what you are learning and practicing. How can you get better?</li> </ul>

## Redo



- What have you started and not finished?
- Is there something that you created recently that you would like to try again or enhance?
- What project have you started that you would like to adjust?