Multi-Tiered System of Support (MTSS)

December 4, 2018
What is MTSS?

- Multi-Tiered System of Support (MTSS) is a fully integrated framework to address the academic, behavioral, and social-emotional needs of all students.
- Proactive and data-driven approach to ensure that all students receive supports when they need them.
Three Tiered System for Academics, Behavior, and Social Emotional

- **Tier I** - all students get first, best instruction in academics, behavior, and social-emotional

- **Tier II** - Some students need supplemental academic, behavior, and/or social emotional supports

- **Tier III** - A few students need intensified academic, behavior, and/or social emotional supports
MTSS Video

- https://player.vimeo.com/video/153404505
Positive Behavior Interventions and Supports (PBIS)

- PBIS is a **preventative** and **positive** school-wide approach to decreasing challenging behaviors, promoting prosocial skills, and making schools safe.

- Behavior Plan
- Individual Counseling
- Mentoring
- Check in/Check out
- Social skills groups
- Behavior Contract/reward charts
- Universal expectations
- Clear, consistent routines
- Explicit teaching of expectations
- Recognition system
- Referral system
Main Features of Tier I

1. Clearly defining and teaching behavioral expectations
2. Consistently acknowledging and rewarding expected behavior
3. Providing clear and consistent interventions when students break expectations
4. Using behavioral data to assess progress and address needs
# Homework Expectations

<table>
<thead>
<tr>
<th>Be Safe</th>
<th>Be Respectful</th>
<th>Be Responsible</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
What’s our Plan?

• 3-5 year process to implement all 3 tiers
• Focus for this school year is on professional development and Tier I
• All schools have developed a PBIS Committee
  • Administrator, certificated staff, classified staff, parent, & specialists
• Committee attended a two day training
• Most schools have established expectations and are working towards teaching & reinforcing those expectations
• Tiered Fidelity Inventory (TFI) in the spring
• State Recognition
Social Emotional Learning (SEL)

- SEL is the process through which children apply the skills to understand and manage emotions, show empathy for others, and establish/maintain positive relationships

- Individual Counseling
- Outside referral
- Small group counseling
- Sanford Harmony: Meet Up, Buddy Up, and Weekly lessons
- Trauma informed care
- Affective Statements
Sanford Harmony

- Sanford Harmony is a SEL curriculum that promotes social, emotional, and cognitive skills to help students negotiate peer interaction, develop positive relationships, and thrive in school.
- Materials are available in English and Spanish
- There are three components:
  1. Meet Up - forum to build a strong classroom community
  2. Buddy Up - buddy system for students to get to know one another and form connections
  3. Lessons & Activities - diversity & inclusion, empathy & critical thinking, communication, problem solving, and peer relationships
Video

- Video: https://www.youtube.com/watch?v=pJCzlkqSXUI
Your Turn: Meet Up
Conversations

Do you think it is harder to be a kid or an adult? Why?

¿Crees que es más difícil ser niño o ser adulto? ¿Por qué?

“Always walk through life as if you have something new to learn and you will.”
– Vernon Howard

What would you like to learn how to do and why?

How could you go about learning it?

“Siempre camina por la vida como si tuvieras algo nuevo que aprender, y así lo aprenderás”.
– Vernon Howard

¿Qué te gustaría aprender a hacer y por qué?

¿Cómo podrías aprenderlo?
What’s our Plan?

• All teachers have been trained in Sanford Harmony
• Teachers are implementing social emotional learning for a minimum of 15 minutes per day
• Many school sites are also exploring professional development in trauma informed care
Thank You

Elizabeth Fogaren
Director of MTSS
elizabeth.fogaren@cvesd.org
(619) 425-9600 Ext. 1366