HEALTH CARE AND EMERGENCIES

ANAPHYLAXIS EMERGENCY PROTOCOL

Essential Steps

1. CALL 9-1-1 (Have staff call student’s parent simultaneously)

2. Administer EpiPen (Adrenaline) 1:1000 (1 mg/ml) Give subcutaneous
   Students in k or of kindergarten size (less than 60 lbs.):
   - Give EpiPen Junior (0.15mg/0.3cc)
   Adults and students over 60 lbs.:
   - Give EpiPen Regular (0.30mg/0.3cc)
   May repeat dose at 15 minute intervals for a total of three doses if necessary

3. Initiate CPR if needed until paramedics arrive and assume care

4. Monitor the Heart Rate, Respiratory Rate, and Blood Pressure every 5 minutes

5. If available, use 100% oxygen

6. Trendelenburg position: Low blood pressure? Lie patient with head 30° below feet.

7. Transfer to a medical facility by paramedics for further treatment or observation.

8. Document this incident on the student’s health record and Incident Report Form.
   Inform the following of incident:
   - Parent
   - Cabinet
   - Risk Management
   - Health Services

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